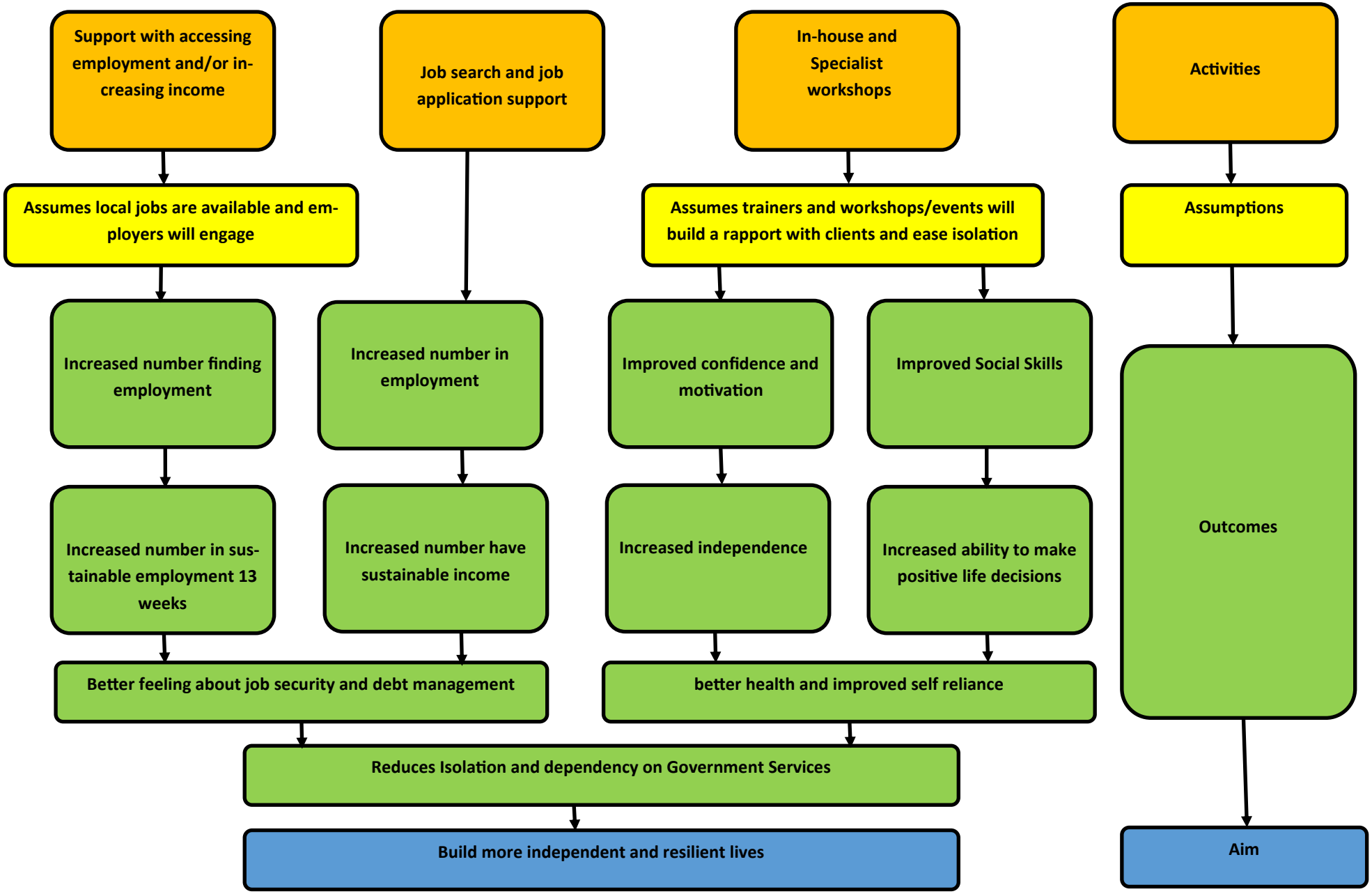Helping Residents from the Aylesbury Estate and the immediate surrounding area to live more independent lives